
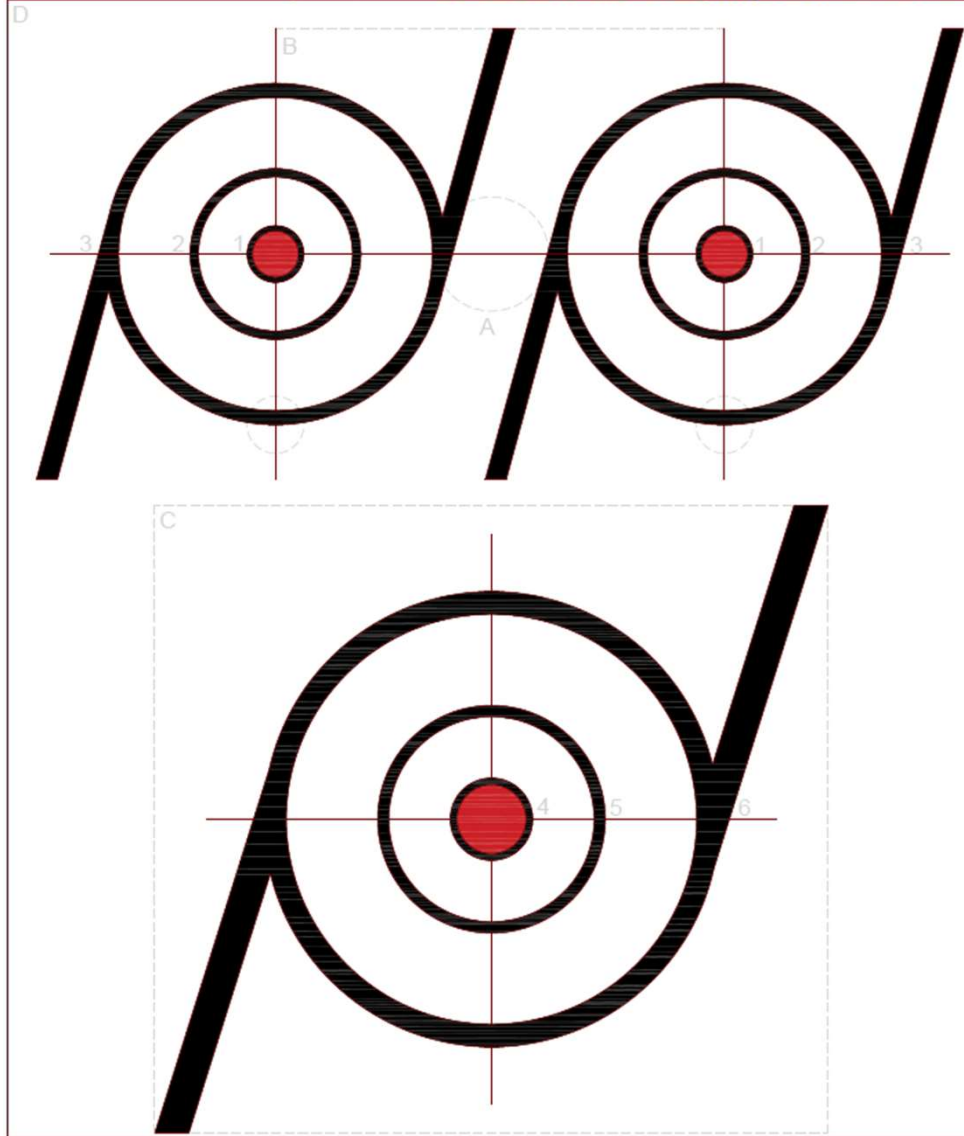


Target Drill Book

Download target ptacdesigns.com		1: 0.5" DIA	4: 0.75" DIA
Follow/Share/Tag gun and results		2: 1.5" DIA	5: 2.0" DIA
@ptacdesigns #ptacdesigns		3: 3.0" DIA	6: 4.0" DIA
		A: 1" DIA	C: Upper A
		B: Eye Box A	D: 8.5" x 10"



Instruction:

- Defines target and round count

Time:

- Defines time suggest time standard

Distance:

- Defines drill distance

Score:

- Defines a metric for drill performance
- Must be within time standard

Reference: Defines where drill and standards originate from

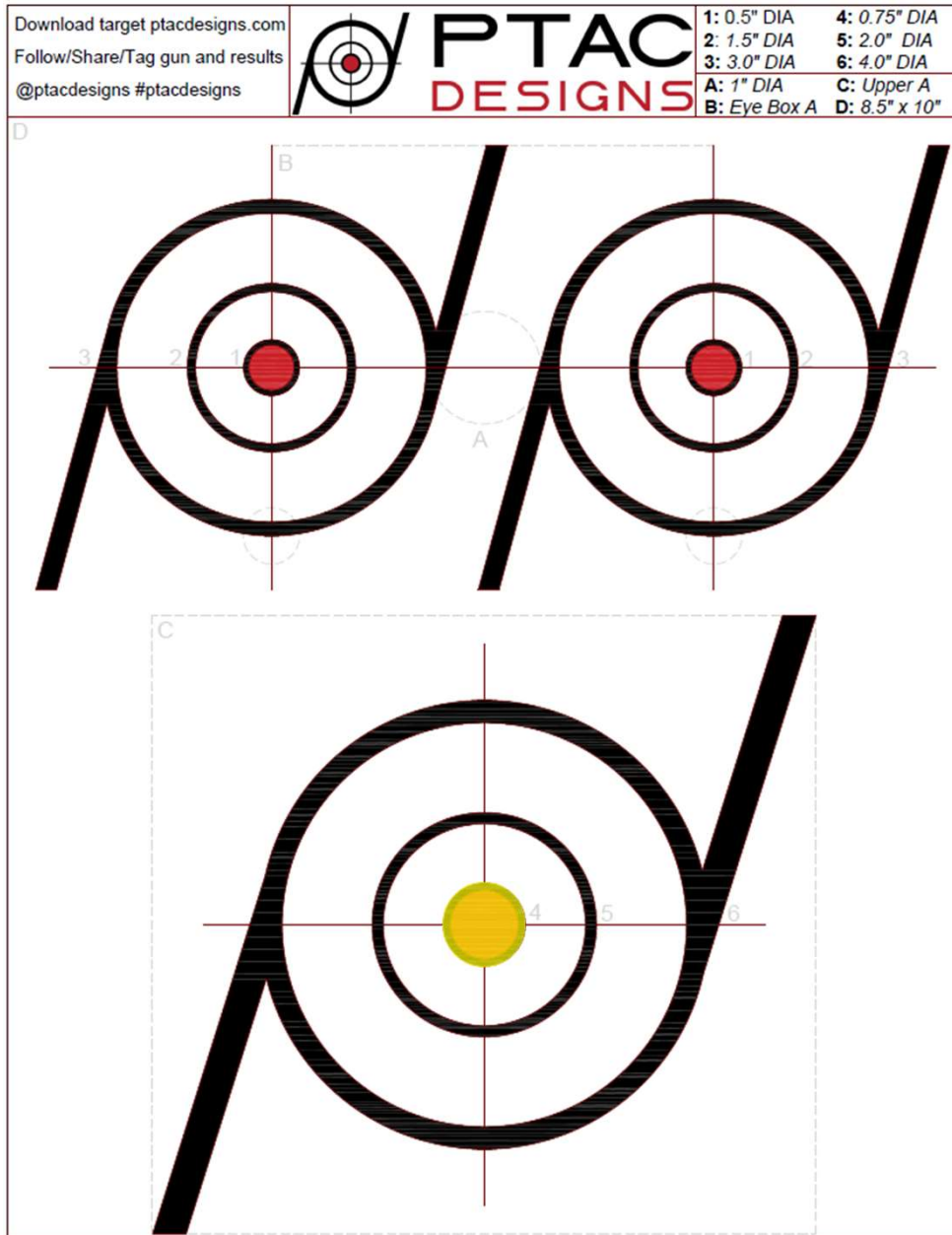


Table of Contents

Drill No.	Drill Name	Page No.
1	Zeroing	3
2	50 Yard Zero from 25 Yards	4
3	Hammered Pairs (Rifle)	5
4	Dot Torture (Pistol)	6
5	Up Drills (Rifle)	7
6	3 and 2 (Pistol)	8
7	Eleanor (Pistol/Rifle)	9
8	Ready One Shot (Pistol/Rifle)	10
9	Bill Drill (Pistol)	11
10	Headshot (Pistol)	12
11	Rifle Transition Pistol	13
12	Cadence (Pistol/Rifle)	14
13	Transition (Pistol)	15
14	F.A.S.T. (Pistol)	16
15	Dry Fire (Pistol)	17
16		18
17		19
18		20



1. Zeroing



Instruction:

- 3 rds supported ④

Distance:

- Zero distance of choice

Time:

- No time, focus on **accuracy**

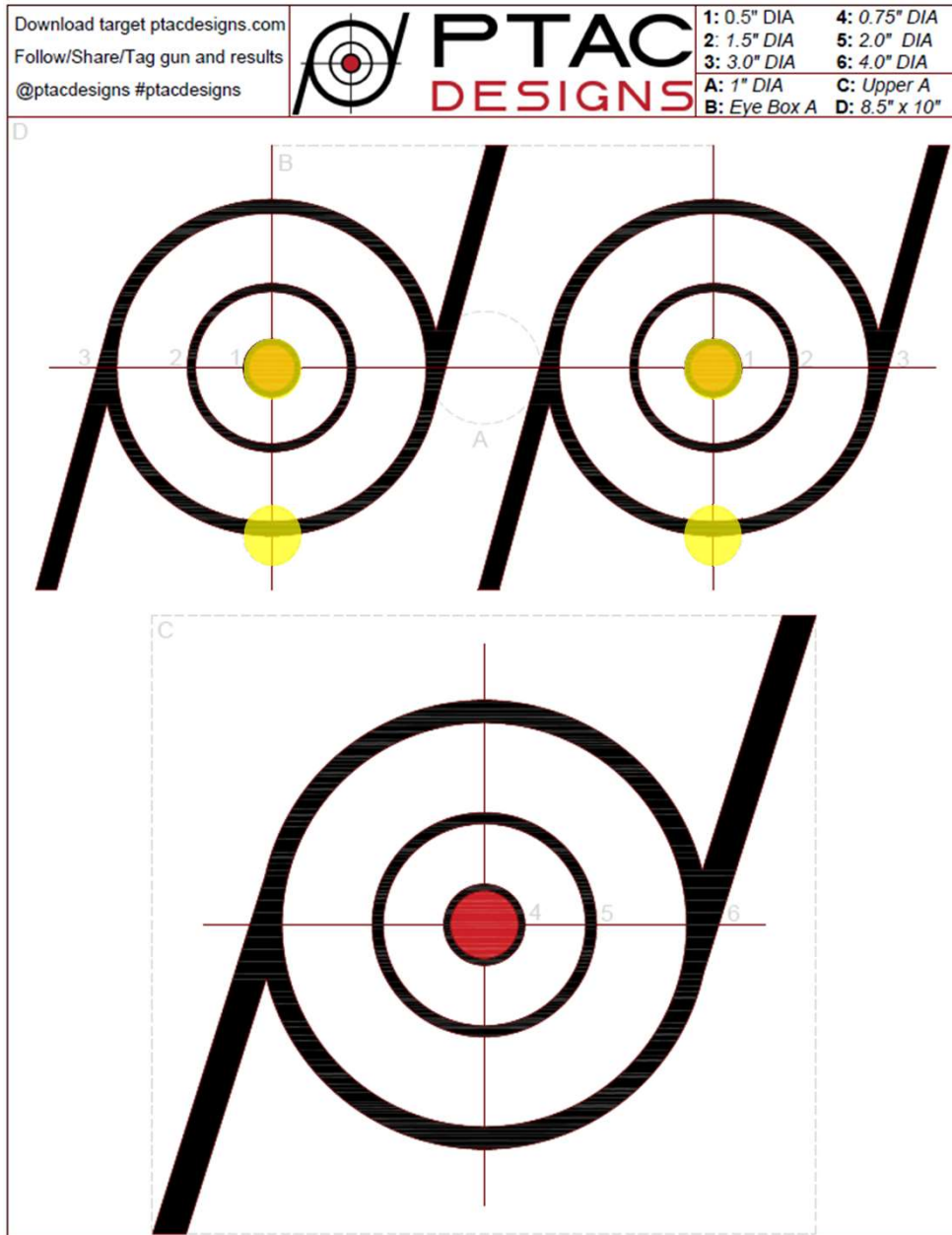
Score:

- Adjust optic windage and elevation until rounds impact circle

Reference:



2. 50 Yard Zero from 25 Yards



Instruction:

- 3 rds supported ①

Distance:

- 25 yards

Time:

- No time, focus on **accuracy**

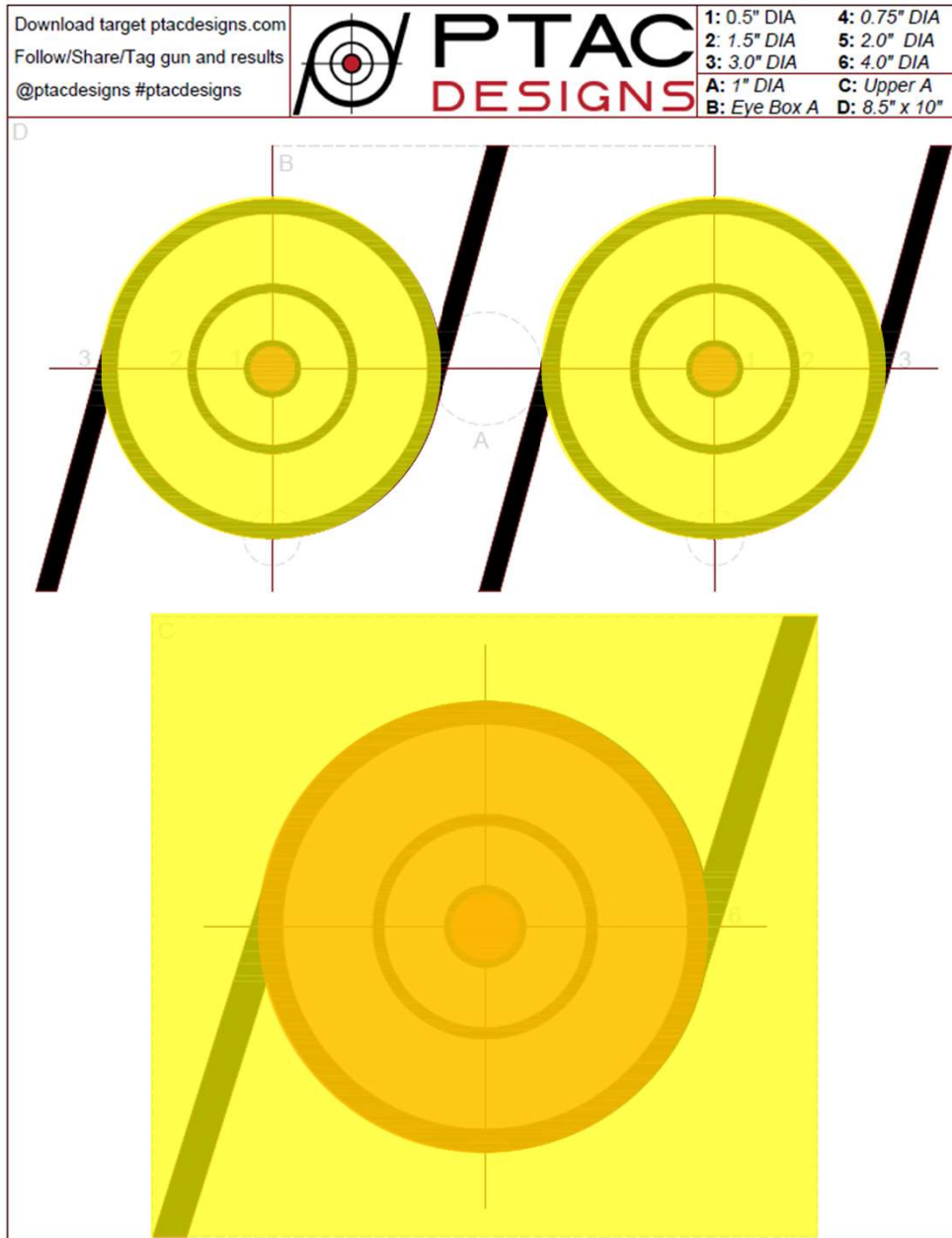
Score:

- Adjust optic windage and elevation until rounds impacts circle 1.5" below circle 1.

Reference:



3. Hammered Pairs



Instruction:

- 2 rds from ready ③
- 2 rds from ready ⑥
- 2 rds from ready ①

Time:

- 1.5 sec
- 2.0 sec
- 2.5 sec

Distance:

- 7 yards
- 15 yards
- 25 yards

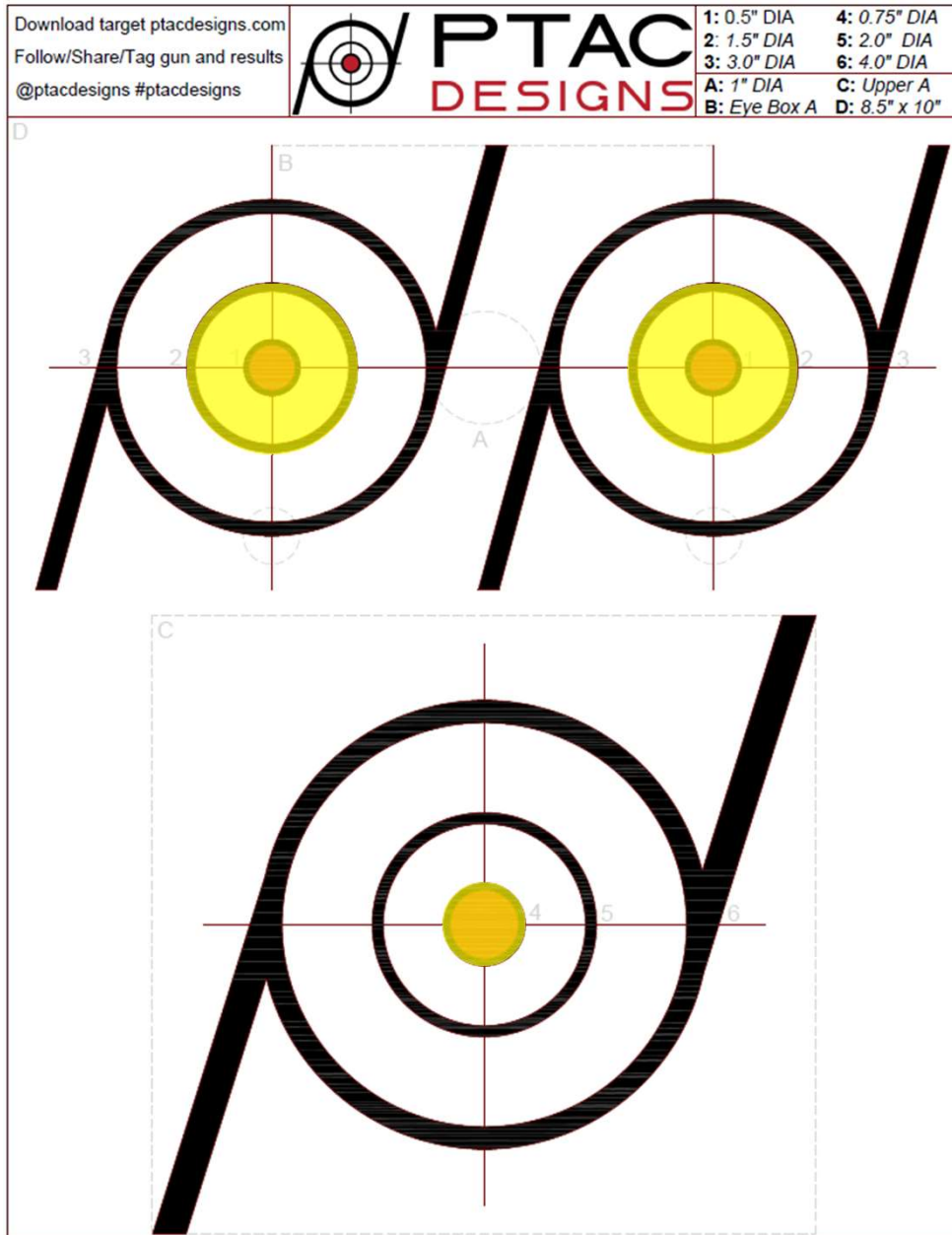
Score:

- Inside/touching = 1
- Total points: 2 (each distance)

Reference: MarQual Rifle



4. Dot Torture



Instruction:

- 5 rds both hands ②
- 5 rds strong hand ④
- 5 rds weak hand ④

Distance:

- 5 yards

Time:

- No time, focus on **accuracy**

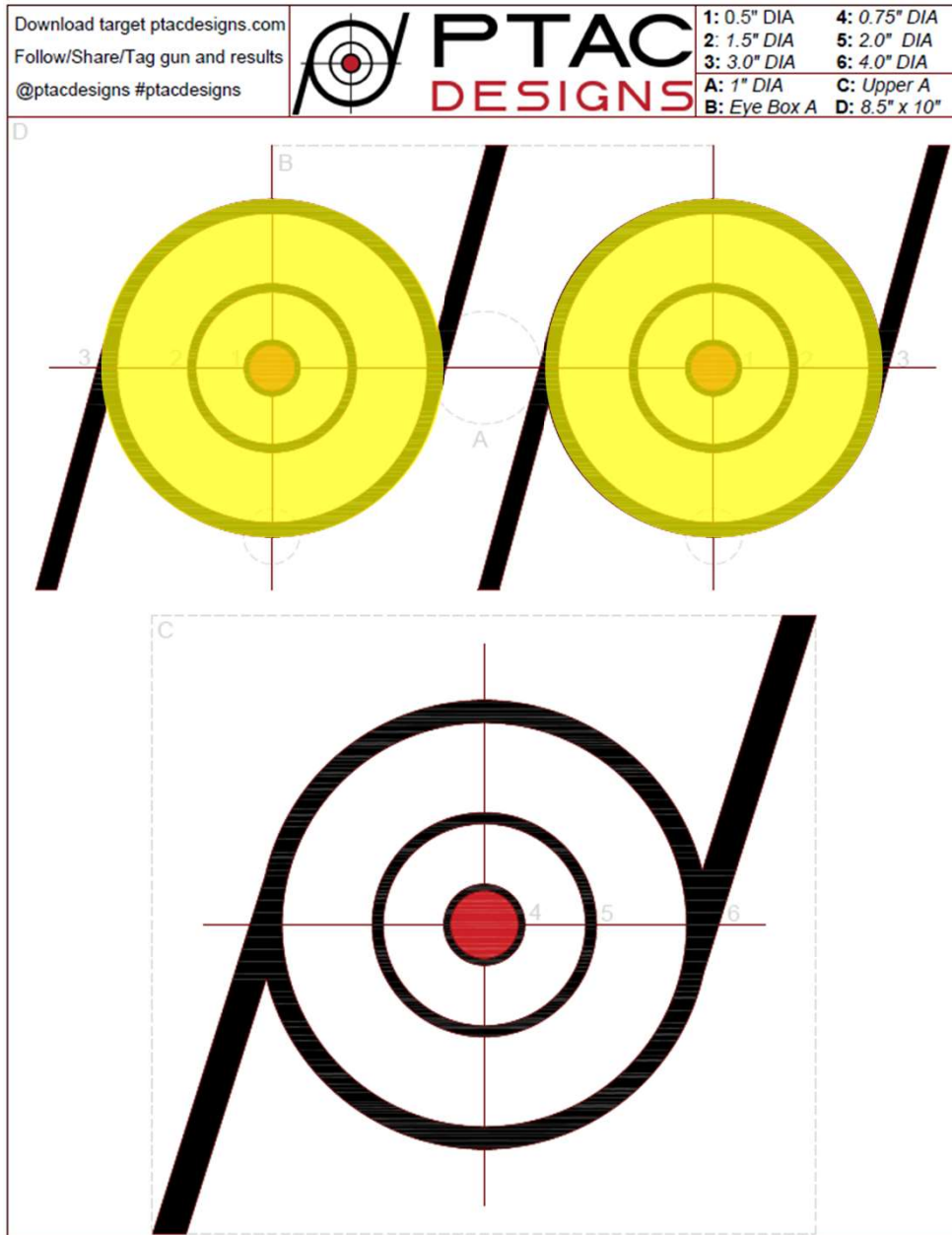
Score:

- Inside/touching = 1
- Total points: 15

Reference:



5. Up Drill



Instruction:

- 1 rd rifle ③

Distance:

- 5, 7, 10, 15, 25 yards

Time:

- Records your own time

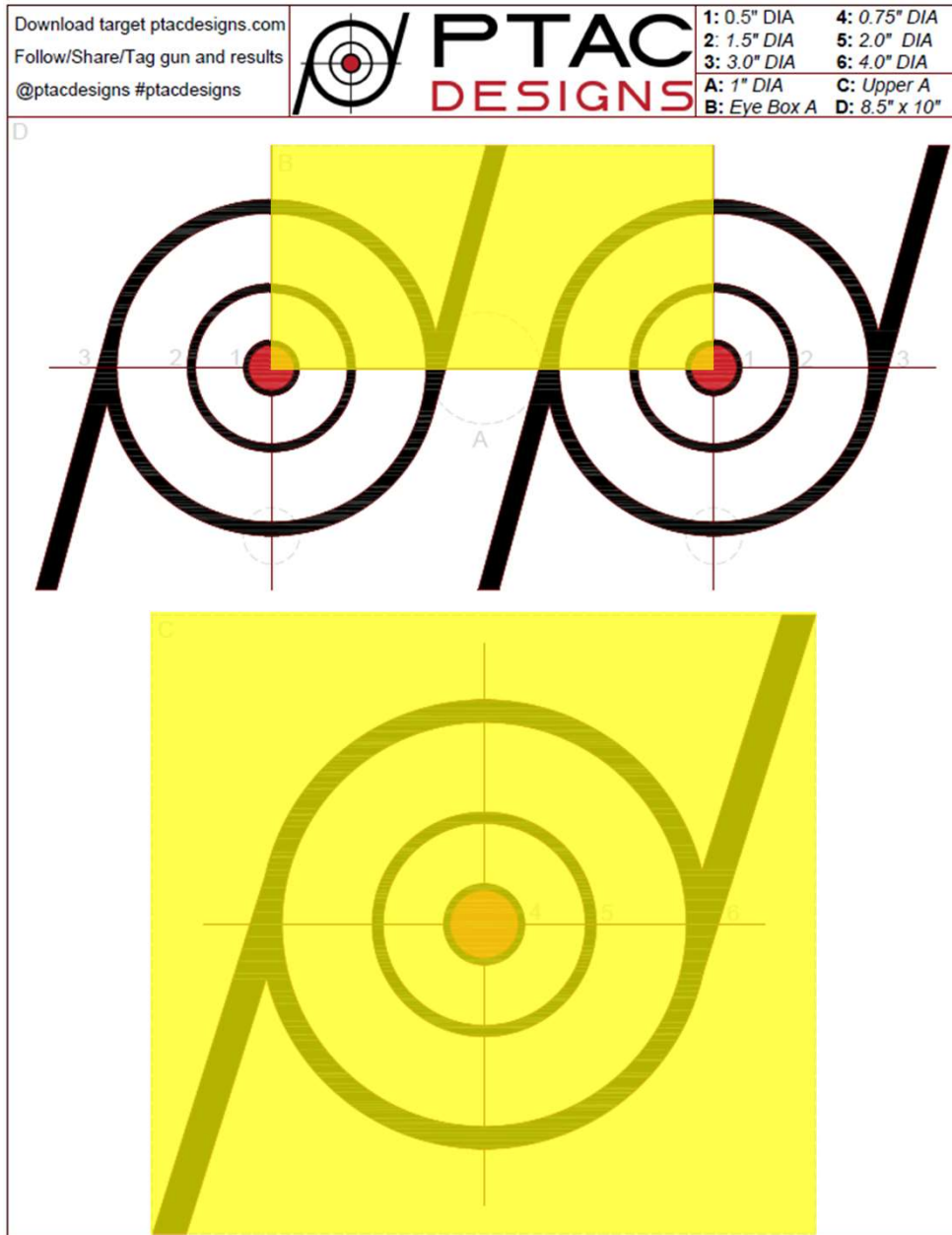
Score:

- Hit/Miss
- Work **speed** and **accuracy**

Reference:



6. 3 and 2



Instruction:

- 3 rds concealed C
- 2 rds B

Distance:

- 3 yards

Time:

- 2.00 sec (Black Belt)
- 2.15 sec (Brown Belt)
- 2.50 sec (Purple Belt)
- 3.00 sec (Blue Belt)

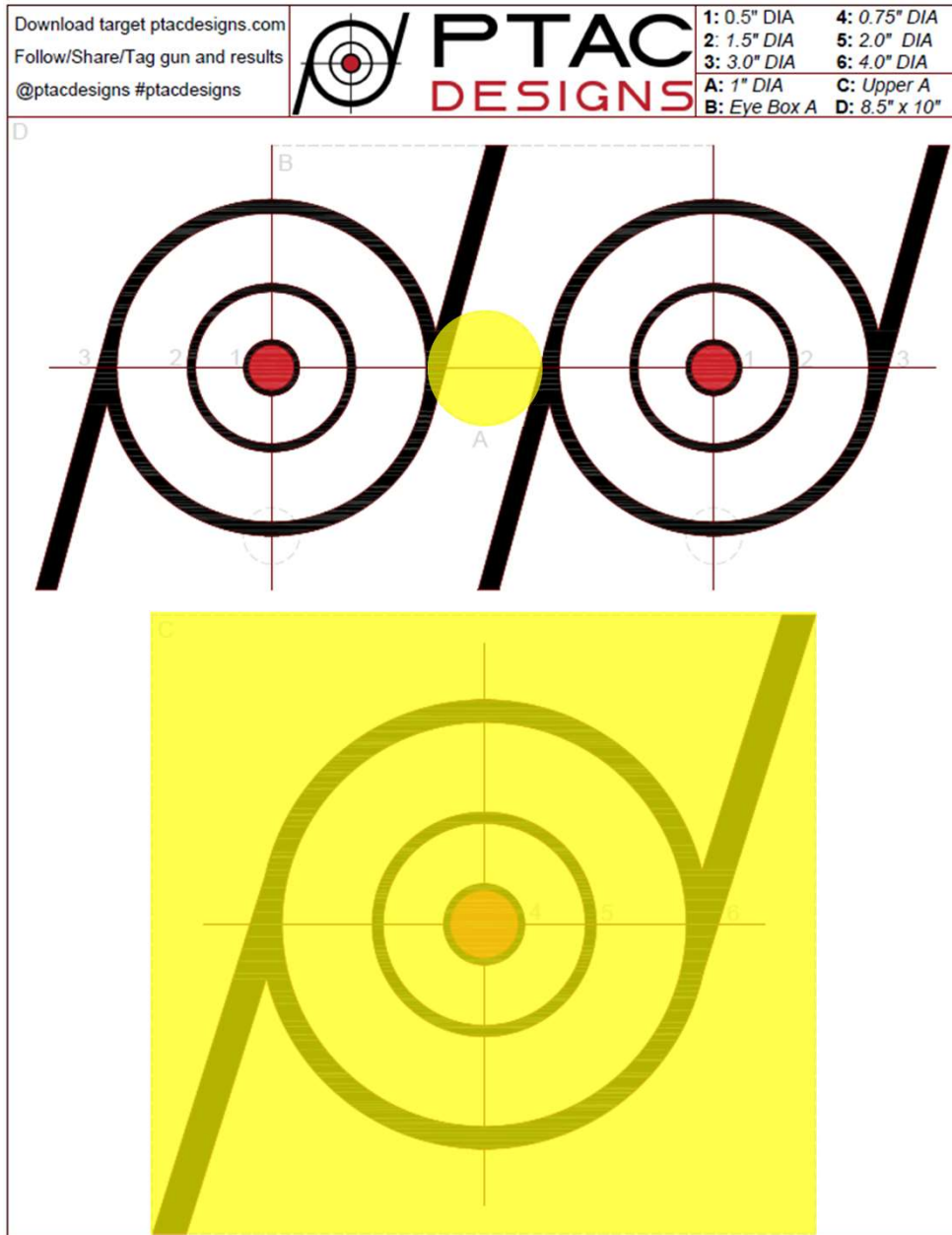
Score:

- Inside/touching = 1
- Total Points: 5

Reference: Modern Samurai Project (Scott Jedlinki)



7. Eleanor



Instruction:

- 1 rd concealed (pistol) (A)
- 3 rds (C)
- 1 rd ready (rifle) (A)
- 3 rds (C)

Distance:

- 3 yards (pistol)
- 5 yards (rifle)

Reference: Sage Dynamics

Time:

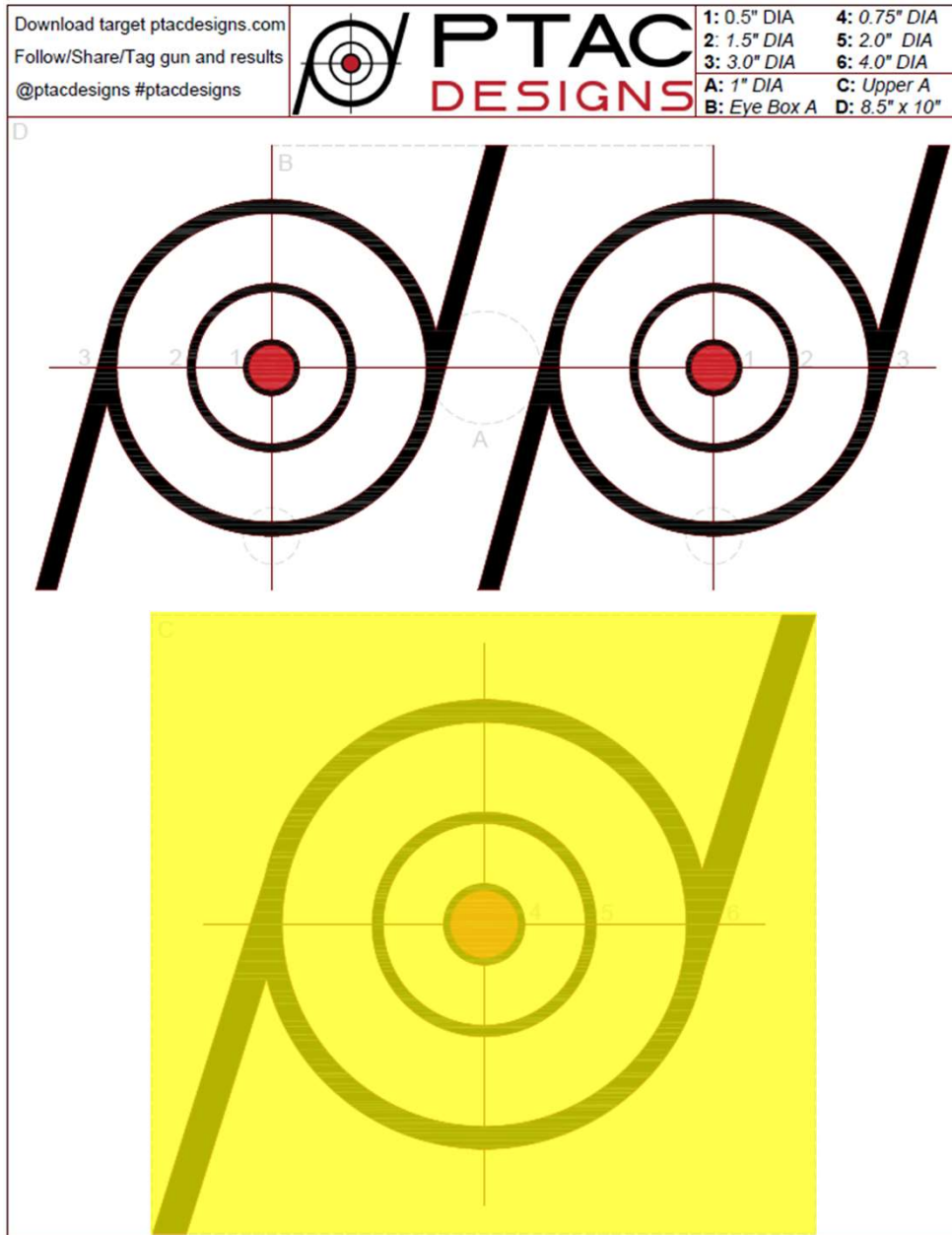
- 2.5 sec (pistol)
- 2.5 sec (rifle)

Score:

- Inside/touching = 1
- Total Points: 4



8. Ready One Shot



Instruction:

- 1 rd low ready (rifle)
- 1 rd comp low ready (rifle)
- 1 rd comp high ready (rifle)
- 1 rd concealed (pistol)
- 1 rd low ready (pistol)
- 1 rd comp ready (pistol)

C
C
C
C
C
C

Time:

- 0.5 sec
- 1.0 sec
- 1.0 sec
- 1.0 sec (bl) 1.1 sec (br) 1.3 sec (p) 1.5 sec (bl)
- 0.5 sec
- 0.5 sec

Distance:

- 7 yards

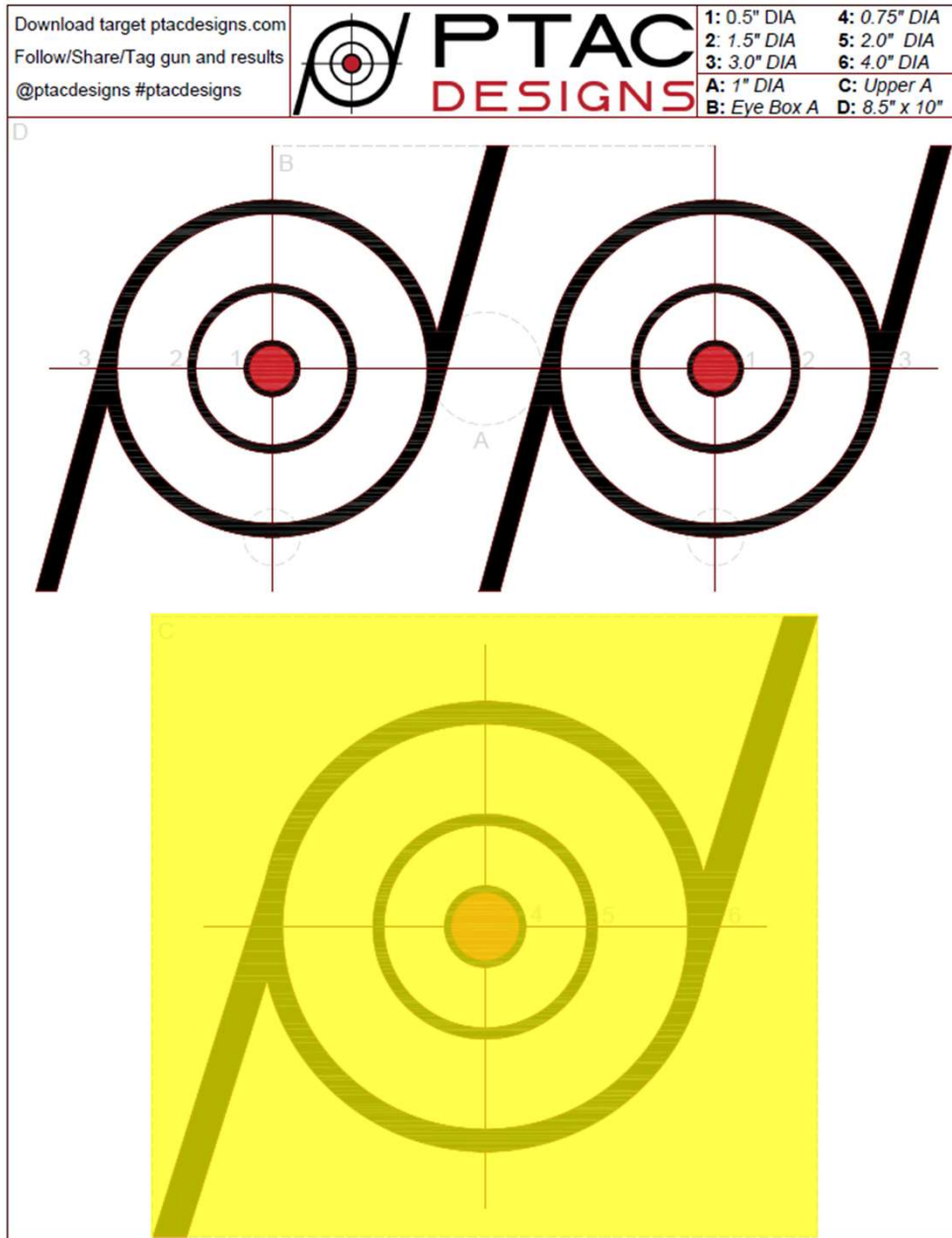
Score:

- Hit/miss

Reference: T-Rex Arms, JJ Racaza, Modern Samurai Project (Scott Jedlinski)



9. Bill Drill



Instruction:

- 6 rds concealed

Distance:

- 7 yards

Time:

- 2.00 sec (Black Belt)
- 2.15 sec (Brown Belt)
- 2.50 sec (Purple Belt)
- 3.00 sec (Blue Belt)

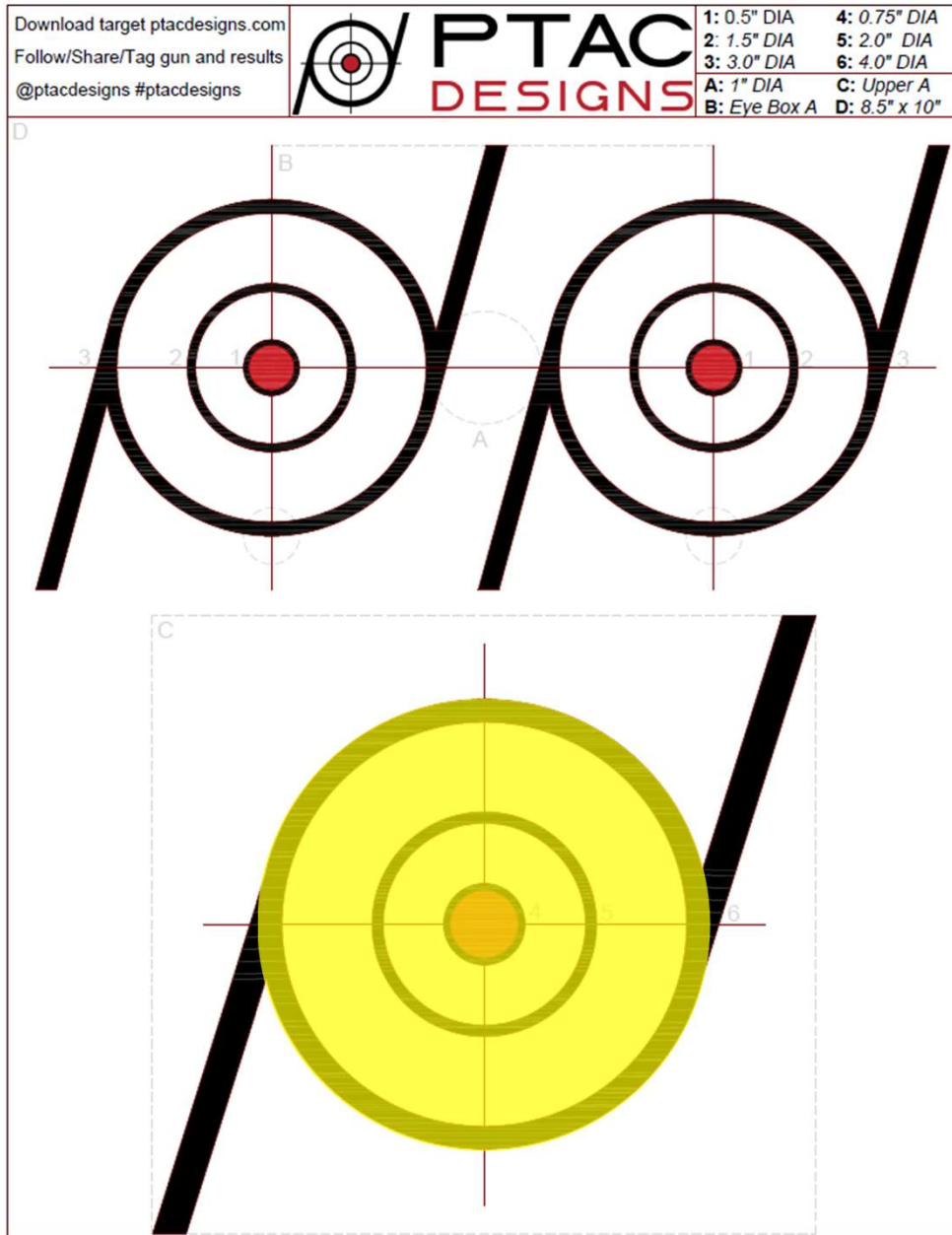
Score:

- Inside/touching = 1
- Total Points: 6

Reference: Samurai Project (Scott Jedlinski)



10. Headshot



Instruction:

- 1 rds concealed ⑥

Distance:

- 25 yards

Time:

- 1.50 sec (Black Belt)
- 1.65 sec (Brown Belt)
- 2.00 sec (Purple Belt)
- 2.25 sec (Blue Belt)

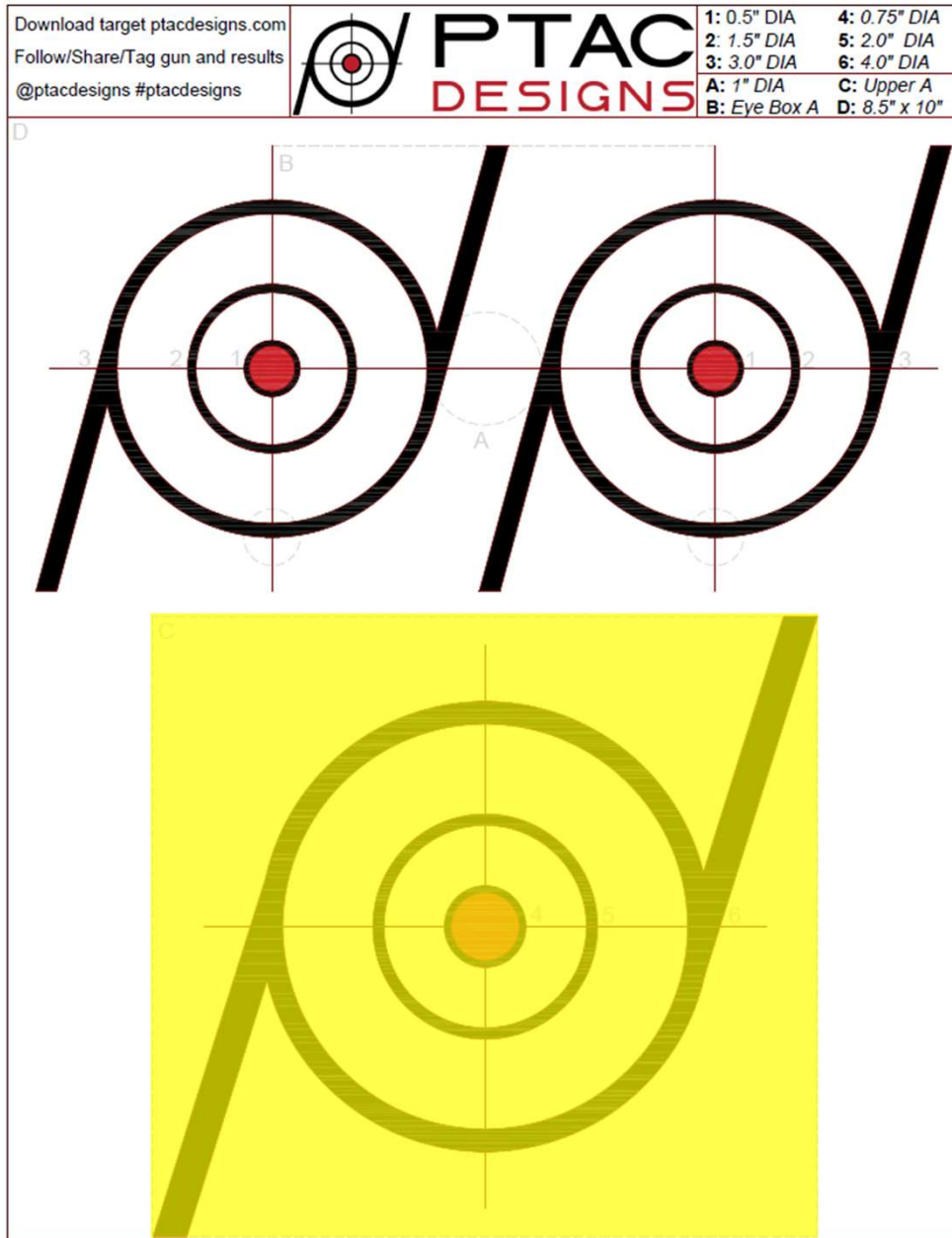
Score:

- Hit/miss

Reference: Samurai Project (Scott Jedlinski)



11. Rifle Transition Pistol



Instruction:

- 1 rd ready (rifle)
- (Safe and transition)
- 1 rd holster (pistol)

Distance:

- 7 yards

Time:

- 3.5 sec

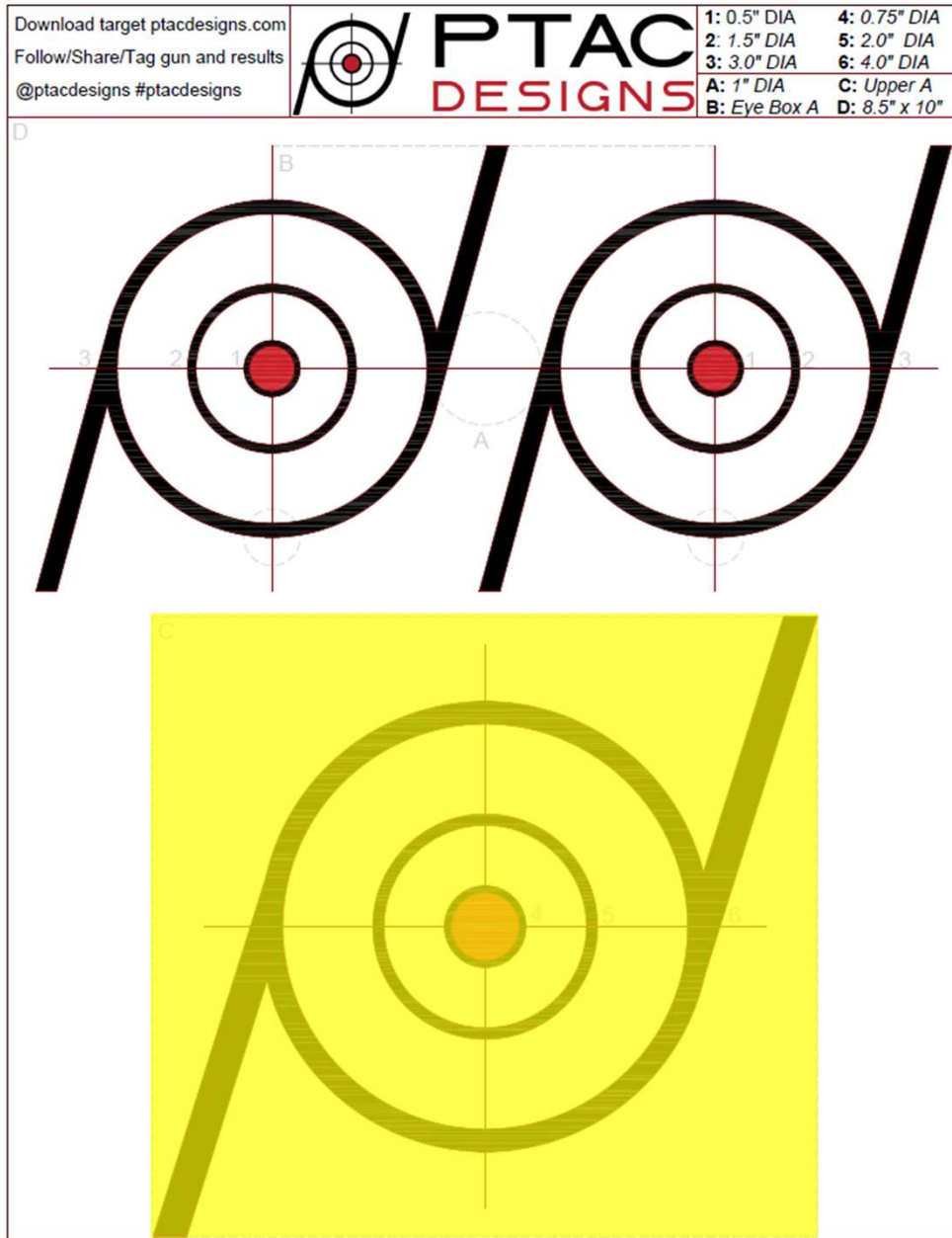
Score:

- Inside/touching = 1
- Total Points: 2

Reference:



12. Cadence



Instruction:

- 1 rd point of aim (rifle)
- 1 rd point of aim (pistol)

Distance:

- 3,5,7 yards

Reference: Sage Dynamics

Time:

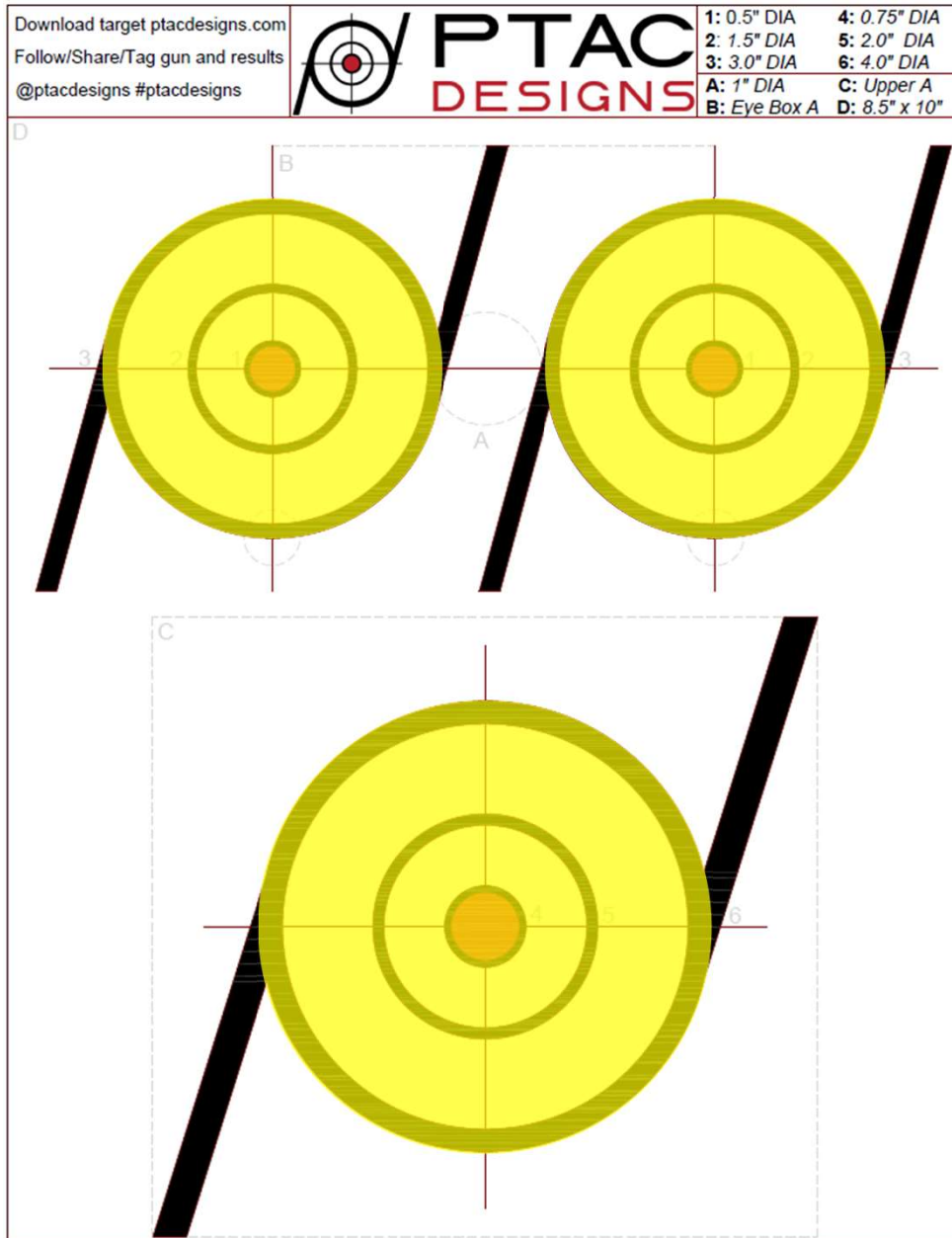
- 1.6 sec (3 yards pistol)
- 2.4 sec (5 yards pistol)
- 3.0 sec (7 yards pistol)
- 1.6 sec (3 yards rifle)
- 2.4 sec (5 yards rifle)
- 3.0 sec (7 yards rifle)

Score:

- Inside/touching = 1
- Total Points: 7



13. Transition



Instruction:

- 2 rds concealed ⑥
- 1 rd ③
- 1 rd ③ (other)

Distance:

- 5 yards

Time:

- Records your own time

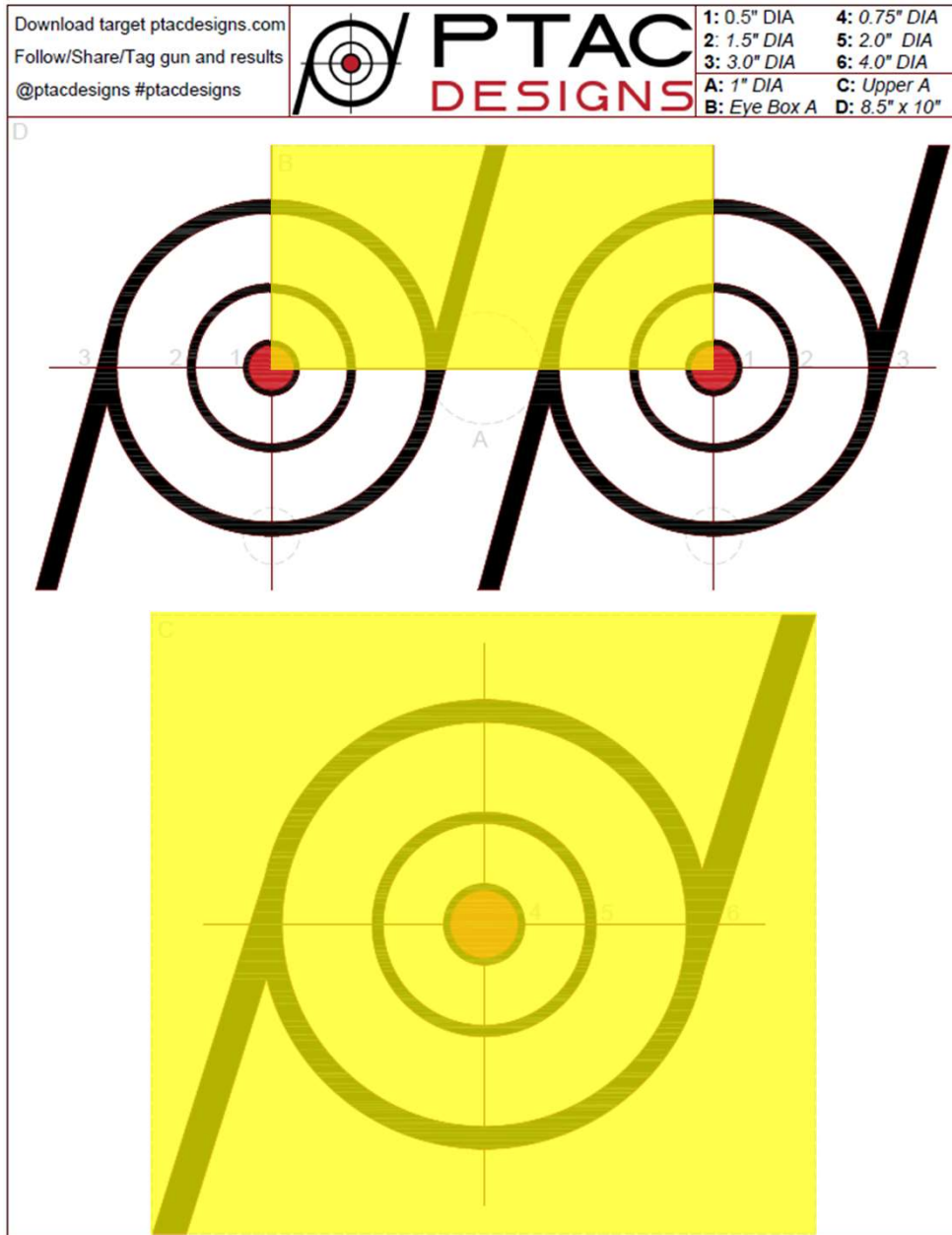
Score:

- Inside/touching = 1
- Total Points: 4
- Work **speed** and **accuracy**

Reference:



14. F.A.S.T.



Instruction:

- 2 rds concealed B
- (slide lock reload)
- 4 rds C

Distance:

- 7 yards

Time:

- 5.00 sec (Expert)
- 7.00 sec (Advanced)
- 10.00 sec (Intermediate)

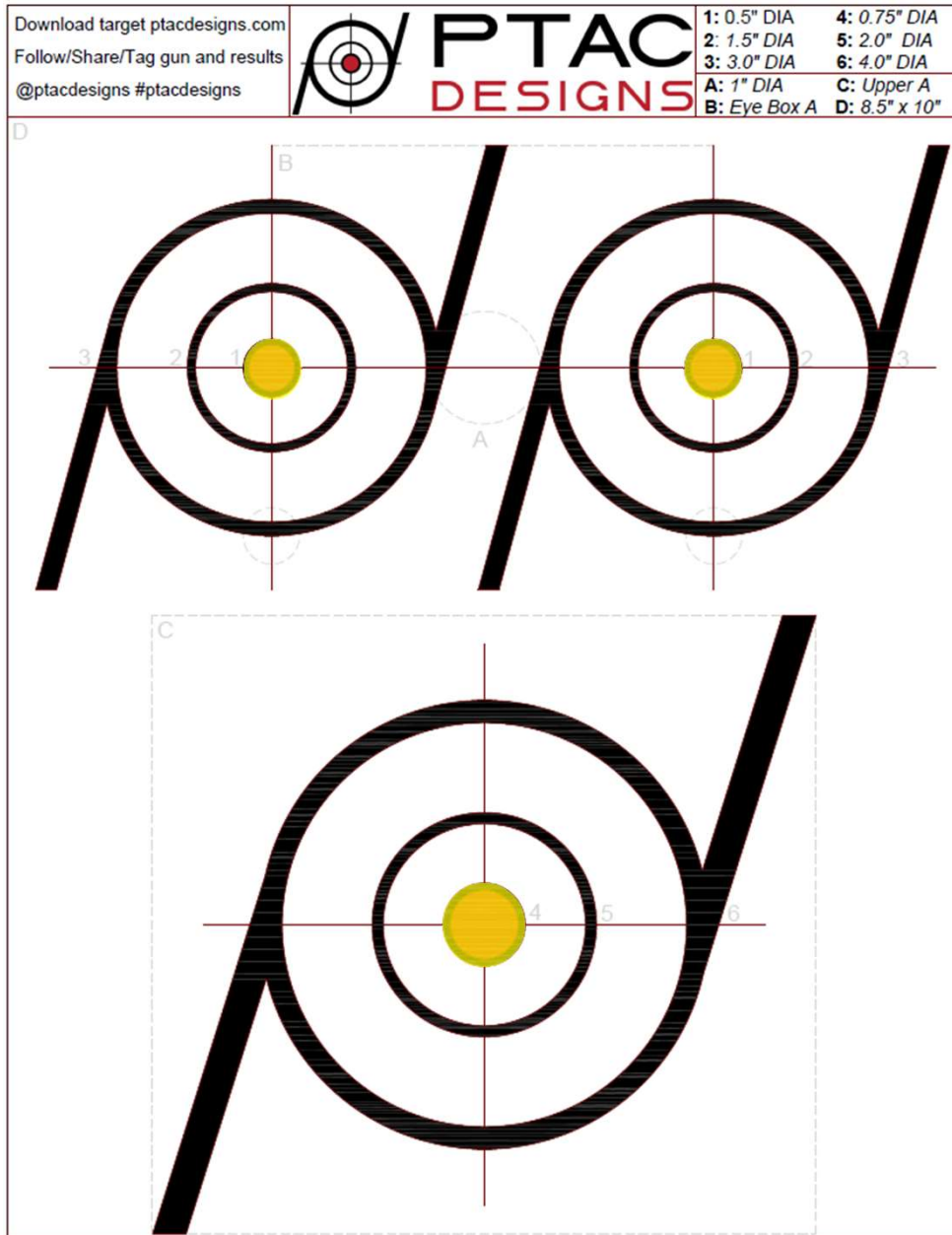
Score:

- Inside/touching = 1
- Total Points: 6

Reference: pistol-training.com



15. Dry Fire



Instruction:

- 5 reps both hands
- 5 reps strong hand
- 5 reps weak hand
- 5 reps low ready
- 5 reps compressed ready
- 5 reps concealed

- ④
- ①
- ①
- ④
- ④
- ④

Time:

- No time

Score:

- Practice with a purpose
 - Draw
 - Grip
 - Site Picture
 - Site Alignment
 - Trigger pull
 - Follow-up site alignment

Distance:

- 5 yards

Reference:

